

**INFORMED CONSENT - ADULT**



**CONFIDENTIALITY**

As a client you have certain rights of privacy for the information you disclose in treatment. However, there are exceptions in which your therapist is required by law to disclose confidential client information. These situations are:

- 1: When a client discloses intentions or a plan to harm another person, the health care professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the healthcare professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.
  
- 2: In cases of reasonable suspicion or evidence of child or elder abuse or maltreatment (this applies to past as well as current abuse), the healthcare professional is required to report this information to the appropriate social service and/or legal authorities.
  
- 3: In certain situations in which the Court issues an order to release a client file, the healthcare professional is required by California Law to comply with the court order.
  
- 4: Clients being seen in couple, family, and group therapy are obligated legally to respect the confidentiality of others. The therapist will exercise discretion (but cannot promise absolute confidentiality) when disclosing private information to other participants in your treatment process. Secrets cannot be kept by the therapist from others involved in your treatment. If you are seeking services for a minor special concerns regarding confidentiality exist. Please see the additional consent form included in this packet. If you have questions about these policies, please ask me.

I have read these policies, understand them and agree to abide by them.

**Client/Parent/Guardian Signature**

**Client/Parent/Guardian Name**

<b>First Name</b>	<b>Last Name</b>	<b>Date</b>